

Manav Rachna International Institute of Research and Studies



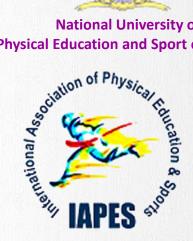
University of Sharjah



An-Nasher Cirebon, west Java Indonesia



National University of Physical Education and Sport of Ukraine





University Sains Malaysia

Virtual International Conference On **Recent Advances & Challenges in Sports** Rehabilitation 5th June to 7th June 2021

OUR PATRONS



Dr. Prashant Bhalla President, Manav Rachna Educational Institutions

Chief Guest



Prof. (Dr.) Sanjay Srivastava, Vice Chancellor, MRIIRS

Dr. Amit Bhalla Vice President, Manav Rachna Educational Institutions





Prof. (Dr.) G L Khanna, Pro Vice Chancellor, MRIIRS



CUEST OF HONOR



Prof. Olha Borysova Vice Rector National University of Ukraine on Physical Education and Sport, Ukraine

KEYNOTE SPEAKERS



Professor Dr. Hairul Anuar Hashim Deputy Dean School of Health Sciences, University Sains Malaysia



Assoc. Prof. Dr. Maria Abulkhanova Department of Physical Education and Sport Science Moscow State Academy of Physical Education, Russia





Dr. Hery Prambudi Director AAK An Nasher, Indonesia



Prof.(Dr.) Moattar Raza Rizvi, Dean, FAHS

Co-Chairperson Dr. Divya Sanghi, HOD Nutrition & Dietetics Department, FAHS



About MRIIRS

Manav Rachna International Institute of Research and Studies (MRIIRS, formerly MRIU- a NAAC Accredited 'A' Grade Institution), 'Deemed-to be-University' under Section 3 of the UGC Act 1956, offers programs from Graduate to Doctoral level that are in tune with the market dynamics. The Institution has been conferred with 5 Star rating for Teaching, Facilities, Social Responsibility and Inclusiveness by QS Rating System. It has also rated Manav Rachna International Institute of Research and Studies (MRIIRS) across two categories: Engineering (rank 174) and University (Rank band 151-200).

About Department of Physiotherapy

Department of Physiotherapy caters to the curative and rehabilitation needs of the people and thus, offers Bachelor, Master and Doctorate Physiotherapy courses which are based on research-informed teaching giving ample opportunities to students. The department runs specialized OPDs in the form of Cerebral Palsy Clinic, Stroke Clinic, Geriatric Clinic, and Sports Injury Clinic.

About Department of Nutrition & Dietetics

Nutritionists and dietitians study how diet affects both the person and the nation's health, as well as how diet can be used to treat disease. This programme teaches students how to apply nutritional science to prevent and cure disease. As a dietitian, they consult with individuals to assist them in making dietary changes by providing practical guidance. It is a health-related profession that entails translating nutrition and food sciences in order to promote good health.

About the conference

This conference is primarily aimed for bringing together International and National scholars as eminent speakers from the field of sports federations to illuminate our trivial knowledge on Recent Advances & Challenges in Sports Rehabilitation. The three-day conference program has been carefully structured to encourage mutual inspiration and fruitful debate among researchers. The first day will be centered on three distinguished keynote speakers and in-depth discussions of presentations and thereafter the conference would go as per the scheduled programs in brochure. This conference would provide a high-level opportunity for students, researchers, practitioners and academicians to present, listen and discuss the latest advances and trends in sports rehabilitation in the domain of Sports Medicine, sports rehabilitation, physiotherapy, Aging and Exercise Physiology, Women health and Nutrition in sports, biomechanical corrections on field and sports in COVID scenario.



Manav Rachna International Institute of Research and Studies Faculty of Allied Health Sciences

Virtual International Conference on

"Recent Advances and Challenges in Sports Rehabilitation"

	JUNE 5, 2021 (Saturday)	
TIME(IST)	Event Details	
9:00 AM TO 10:00 AM	Inauguration	
9:00 AM TO 9.30 AM	Conference Opening & Inauguration and	d Lamp Lighting
9:30 AM TO 9:35 AM	Welcome Message by Co-Chairperson, Professor (Dr.) Dean Faculty of Allied Health Sciences, MRIIRS	
9:35 AM TO 9:45 AM	Welcome Message by Chairperson, Professor (Dr.) G. Pro Vice Chancellor, MRIIRS	L Khanna,
9:45 AM TO 9:55 AM	Welcome Message by Chief Guest, Professor (Dr.) San Vice Chancellor, MRIIRS	njay Shrivastava,
9:55 AM TO 10:00 AM	Inaugural Speech by Guest of Honor, Professor, Olha National University of Ukraine on Physical Education a	
	SESSION -I	
10:00 AM TO 10:45 AM	Keynote Address: <u>Utility of Progressive Muscle Relaxation in Sports &</u> <u>Rehabilitation</u> Professor Dr. Hairul Anuar Hashim Deputy Dean ,School of Health Sciences, University Sains Malaysia, Malaysia	
10:45 AM TO 11:15 AM	<u>Sports Injuries: Prevention and Management</u> Dr. Kiran Kulkarni Consultant, Sports and Exercise Medicine Specialist, AFC Medical & Doping Control Officer, Indian Fitness academy, Bengaluru, India	
11:15 AM TO 11:45 AM	<u>Tackling Injury Management: Optimizing Interdisciplinary</u> <u>Approach.</u> Professor Dr. Oleksandr Krasilshchikov Professor, School of Health Sciences, Universiti Sains Malaysia, Malaysia	
11:45 AM TO 12:15 PM	Musculoskeletal Acupuncture and its Impact on Muscle Spasm in the Sport Dr. Ir.Suhariningsih Lecturer, Airlangga University, Indonesia	
12:15 PM TO 1:00 PM	BREAK	
	SESSION- II	
1:00 PM TO 1:30 PM	Features of the Physical Therapy process conduction in the playing sports Professor Nikanorov Oleksii Professor, Department of Physical Therapy, National University of Physical Education and Sport, Ukraine	
1:30 PM TO 2:00 PM	On Field Management of Catastrophic Sports Injuries Dr. Dobson Dominic HoD, Saveetha Institute of Sports Medicine & Sports Science, Chennai, India	SPOBTO CON
2:00 PM TO 2:30 PM	<u>Groin Strain Pre-Rehab & Post Rehab in Kabaddi Players</u> Dr. Vivek Chauhan Professor Dolphin Institute of Biomedical and Natural Sciences, Dehradun, India	
2:30 PM TO 3:00 PM	Understanding the connection between Kinetic and Kinematic in field hockey. Dr. Rahul Tiwari Lead Biomechanist, Sports Authority of India, Patiala, India	
	SESSION-III	Menorement with the state of th
3:00 PM TO 4:00 PM	PAPER PRESENTATION	NS .



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9:15 AM TO 10:00 AM Receivery from COVID-19 - Patients Experience & Feedback Image: Covid		SESSION-IV		
10:00 AM TO 10:30 AM How to develop International competence of Sport Ebysicitherapy2. 10:00 AM TO 10:30 AM Professor Dr. Imam Waluyo Padma Association of Applied/Vocational Physicitherapy Education Program. Indonesia Consultant of An Nasher Institute of Health Sciences Consultant of An Nasher Institute of Health Sciences Dr. Tilawaty Aprina Director, Aisyiah Polytechnique, Jakarta, Indonesia Image:	9:15 AM TO 10:00 AM	Recovery from COVID-19 : Patients Experience & Feedback Associate Professor Maria Abulkhanova Founding Member and Vice President of BRICSCESS Department of Physical Education and Sport Science	0	
10:30 AM TO 11:00 AM Dr. Tilawaty Aprina Director, Aisyiah Polytechnique, Jakarta, Indonesia Image: Construction of Construct	10:00 AM TO 10:30 AM	How to develop International competence of Sport <u>Physiotherapy?</u> Professor Dr. Imam Waluyo Padma Association of Applied/Vocational Physiotherapy Education Program, Indonesia Consultant of An Nasher Institute of Health Sciences		
11:00 AM TO 11:30 AM Rehabilitation Image: Characterization of the construction of the consteneo of the construction of the construction of the c	10:30 AM TO 11:00 AM	Dr. Tilawaty Aprina		
11:30 AM TO 12:00 PM Dr.Gagan Kapoor Director, Actio Prehab, New Delhi, India Image: Constraint of the prehab, New Delhi, India 12:00 PM TO 12:30 PM Release Tension Stress for Preparation Sport Competition Dr. Arsyad Subu Assistant Professor, Nursing, University of Sharjah, United Arab Emirates Image: Constraint of the preparation Sport Competition 12:30 PM TO 1:00 PM Dr. Arsyad Subu Assistant Professor, Nursing, University of Sharjah, United Arab Emirates Image: Constraint of the preparation Sport Competition 1:00 PM TO 1:30 PM Dr. Jasmine Kaur Chawla Assistant Professor, Amity University, Noida, India Image: Constraint of the preparation Sport Straint Professor, Amity University, Noida, India 1:30 PM TO 2:30 PM Regenerative Medicina Dr. Pankaj N Surage Interventional Pain and Spine Center, New Delhi, India Image: Consultant, Interventional Pain and Spine Center, New Delhi, India 2:00 PM TO 2:15 PM Dr. Ranu Dadala Consultant and In- Charge (Medical services and Operations), Interventional Pain and Spine Center, New Delhi, India Image: Consultant and In- Charge (Medical services and Operations), Interventional Pain and Spine Center, Starter, Neuropain and Spine Center, Starter, Sta	11:00 AM TO 11:30 AM	<u>Rehabilitation</u> Dr. Bharath Kumar Sports Medicine Doctor, Sports Authority of India,		۲
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1:30 PM TO 2:00 PMRegenerative Medicina Dr. Pankaj N Surage Interventional Pain and Spine Center, New Delhi, IndiaImage: Consultant and Spine Center, New Delhi, India2:00 PM TO 2:15 PMRole of Regenerative Interventions in Sports Injuries Dr. Namrata Dabas Consultant, Interventional Pain and Spine Center, New Delhi, IndiaImage: Consultant, Interventional Pain and Spine Center, New Delhi, India2:15 PM TO 2:30 PMSports Related Back and Spine Injuries 	1:00 PM TO 1:30 PM	Intelligence in Sports Medicine-A Physiotherapist's Perspective Dr. Jasmine Kaur Chawla Assistant Professor, Amity University, Noida, India		۲
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2:00 PM TO 2:15 PM Dr. Namrata Dabas Consultant, Interventional Pain and Spine Center, New Delhi, India Image: Consultant of the spine Injuries 2:15 PM TO 2:30 PM Sports Related Back and Spine Injuries Dr. Renu Dadiala Consultant and In- Charge (Medical services and Operations), Interventional Pain and Spine Center, Bangalore, India Image: Consultant and In- Charge (Medical services and 	1:30 PM TO 2:00 PM	Dr. Pankaj N Surage		
2:15 PM TO 2:30 PM Dr. Renu Dadiala Consultant and In- Charge (Medical services and Operations), Interventional Pain and Spine Center, Bangalore, India Image: Consultant and In- Charge (Medical services and Operations), Interventional Pain and Spine Center, Bangalore, India SESSION- VI	2:00 PM TO 2:15 PM	Dr. Namrata Dabas Consultant, Interventional Pain and Spine Center, New		۲
	2:15 PM TO 2:30 PM	Dr. Renu Dadiala Consultant and In- Charge (Medical services and Operations), Interventional Pain and Spine Center, Bangalore, India		
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"Recent Advances and	l Chal	lenges i	n Sports	Rehabilitation "
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	JUNE 7, 2021 (Monday)	
	SESSION-VII	
9:15 AM TO 10:00 AM	Keynote Address: <u>Traditional Nutrition for Increasing Stamina</u> Dr. Hery Prambudi Director at AAK An Nasher, Indonesia	
10:00 AM TO 10:30 AM	Yoga -Based Pulmonary Rehabilitation for the Management of Dyspnea in COPD: A Randomized Controlled Trial Professor Dr. A M Moorthy Ex VC, Tamil Nadu Physical Education and Sports University, Tamil Nadu, India	
10:30 AM TO 11:00 AM	Role of Naturopathic Medicine & Yoga Therapy in Psychological Rehabilitation in COVID 19 Professor Dr. Sangeeth Somanadhapai Professor & Dean, Faculty of Naturopathy & Yogic Sciences, SGT University, Gurugram, India	
11:00 AM TO 11:30 AM	<u>Free Radical Scavengers: Perspectives for Improvement of</u> <u>Muscle Performance and Recovery</u> Dr. Halyna Kuznietsova Research Associate - Taras Shevchenko National University of Kyiv, Ukraine	
11:30 AM TO 12:00 PM	<u>Using Probiotics in Sports Enhancement</u> Dr. Mahenderan Appukutty Associate Professor, Universiti Teknologi MARA, Faculty of Sports Science and Recreation, Malaysia	
12:00 PM TO 12:30 PM	BREAK	
	SESSION- VIII	
12:30 PM TO 1:00 PM	<u>The Role of Sport Psychology in Injury Recovery</u> Chatkamon Singhnoy Assistant Professor, Faculty of Sport Science, Burapha University, Thailand	
1:00 PM TO 1:30 PM	<u>Mental Training for Peak Performance</u> Dr. Anjum Padyal HoD, Physical Education and Sports Sciences, Deshbandhu College, University of Delhi, New Delhi, India	
1:30 PM TO 2:00 PM	Professor Dr. Vicky Professor of Applied Disability Sport & Director of the Peter Harrison Centre for Disability Sport, UK	
	SESSION- IX	
2:00 PM TO 3:00 PM	SESSION- IX PAPER PRESENTATIO	ONS



GUIDELINES FOR PAPER PRESENTATION

Separate registration is required for paper presentation. Link of registration for paper presentation: <u>https://forms.gle/dQY1rCcPhCHefuZd8</u>

DEADLINE FOR ABSTRACT SUBMISSION: Friday, 28 May 2021

INTIMATION FOR ACCEPTED ABSTRACT: Within 3 working days

SUB-THEMES FOR CONFERENCE ARE:

Sports Injuries, recovery and rehabilita	ition
Sports Nutrition, food supplements, dop	ping control
Biomechanics and Kinesiology	
Ergonomics and Anthropometry	
Exercise prescription and performance	analysis
Psychology and cognitive conditioning	
Women Health in sports	
COVID-19 and sports	
Traditional system of medicine in sport	S

Acceptance will be based on quality, relevance of sub-themes and original work of the research, systematic reviews, case studies, pilot studies etc.

All accepted abstracts would be published as **CONFERENCE PROCEEDINGS**.

GUIDELINES OF ABSTRAGT SUBMISSION

The participants must submit abstract (within 300 word) through online (google form platform) in the word file document in Times New Roman, font size 12 with 1.5 spacing. The organized abstract should include Title, Name and Affiliations of the Authors (the name of the presenting author should be underlined), brief background, purpose, methodology, results and conclusion.

OUIDELINES OF E-PLATFORM PAPER PRESENTATION

- E-Paper Presentation will be conducted in two categories: Senior Category (Professionals & PhD) and Junior Category (UG & PG students).
- Maximum number of slides should be 12-20. The duration of presentation will be 7 minutes followed by 3 minutes of Discussion.
- The slides of presentation should consist of Title, Name and Affiliations of the Authors (the name of the presenting author should be underlined).
- The PowerPoint presentation should be shared early via the email (in case of technical issues).



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Virtual International Conference on

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REGISTRATION & STUDENT CORDINATORSDr. Sunita Kumari Assistant ProfessorDr. Shrishti Negi Assistant ProfessorAssistant Professor Department of PT, FAHSDr. Support Dr. Gurseen RakhraAssistant Professor Assistant ProfessorDr. Preeti SainDr. Gurseen Rakhra Assistant ProfessorDr. Ankita SehajpalAssistant ProfessorDr. Ankita SehajpalAssistant ProfessorDepartment of N&D, FAHSDepartment of PT, FAHSDepartment of N&D, FAHSDepartment of PT, FAHSDepartment of N&D, FAHSDepartment of PT, FAHSDepartment of N&D, FAHSDr. Nitesh Malhotra Associate ProfessorAssociate ProfessorAssociate ProfessorDepartment of N&D, FAHSDr. Shobhit Saxena Assistant ProfessorDr. Shobhit Saxena Assistant ProfessorAssistant ProfessorAssistant ProfessorAssistant Professor																						
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5th - 7th June 2021

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